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THE SENIOR CONNECTION

JULY/AUGUST 2024



Bailey Office Hours:

8AM-3PM Monday and Thursday from 12PM-3PM.

Fairplay Office Hours:

8AM-3PM Monday-Wednesday

Thursday from 8AM-11AM.

Programs are made possible through Federal and State funded grants, donations and fundraisers.

Special Thanks to all of our donors.

Tidbits and Such

New Rules of Laundry



Modern appliances have made laundry easier, but that new technology can mean rethinking clothes-washing techniques.

Here are some tips:

Do Not Overload - Washers have become wider, deeper, and taller, but do not jam your entire wardrobe into the drum.

When overstuffed the water/detergent cannot circulate. Check the manual, the recommend load size might be smaller than you think.

Drizzle The Detergent - Washing machines use high-efficiency detergent now which means you do not need more than two tablespoons in a full load.

Get Comfy With Cold - Hot water does not have superpowers, it can actually cause stains to set. Tests show that cooler water is more effective.

Skip The Softener - Liquid softeners and dryer sheets can do more harm than good. Instead, use dryer balls, they are typically mad of wool and prevent clumping.

National Parks Senior Pass

US citizens and permanent residents ages 62 and older can purchase an annual America the Beautiful—National Parks and Federal Recreational Lands Pass for \$20.00, or a lifetime version for \$80.00. Applicants must provide documentation of age and residency or citizenship.

For more details go to - <https://www.nps.gov/planyourvisit/passes.htm#senior-passes>



When The Power Goes Out

Annual weather-related power outages have increased by nearly 78% during the past decade. Most get resolved quickly, while some outages can last for days. Here are some suggestions to help get through them.

Grab Your Phone - If it is dark when the power goes out, use your cellphones light to guide you. Then go looking for a better light source.

Preserve Phone Power - Switch your phone to low-power mode. You will still receive messages, texts, and be able to use the browser. But the phone will shut down other functions to preserve power.

Check With Power Company - Call power company to report power outage and get updates on status.

Check Your Meds - If you have prescription drugs that need to be refrigerated, check to see how long they remain effective at room temperature.

Know When To Leave - Very hot or very cold temperatures can be life threatening. If temperatures are extreme or if you use a medical device that requires power, you will need to find shelter.

Property Tax Exemption For Seniors

The senior property tax exemption is available to senior citizens and the surviving spouses of senior citizens. The state reimburses the local governments for the loss in revenue. When the State of Colorado's budget allows, 50 percent of the first \$200,000 of actual value of the qualified applicant's primary residence is exempted.



Completed applications should be submitted to the assessor on or before July 15 of the year for which exemption is requested. If the application is not filed by July 15, the assessor must accept late applications through August 15, but late applicants will not have appeal rights for an application filed after July 15.

For details go to - <https://dpt.colorado.gov/property-tax-exemption-for-senior-citizens-in-colorado>



Park County History

- 1863 August 14 Pro-Union party picks candidates at convention in Fairplay**
- 1868 August 27 Schuyler Colfax (future vice president) party makes pilgrimage up Mt. Lincoln**
- 1876 August 1 Colorado becomes a state**
- 1879 July 23 Mosquito Pass tollroad opens**
- 1880**
- July 19 Fairplay incorporated**
- July 19 Robbers take stage strongbox at Red Hill Station**
- July 23 Hundreds see murderer Cicero Simms hang in Fairplay**
- 1882 August 31 Alma High country miners driven out by 15-24 inches of snow**
- 1903 July 27 Town hall & blacksmith shop burn in Jefferson**
- 1909 August 19 Bailey flood**
- 1934 July 8 Bank of Alma is robbed**
- 1936 July 25 Engineer McGowan dies in runaway train on Kenosha Pass**
- 1966 August 7 New Park County Hospital dedicated in Fairplay**
- 1974 July Last cattle drive up Colorado 285**



Director's corner

Dear Seniors,

As we journey through life's ups and downs, let's remember the resilience and strength that resides within each of us.

Despite the challenges we may face, our spirits remain unwavering, filled with hope and courage.

Today, I encourage you to find joy in the little moments, to cherish the memories we've created together, and to embrace the beauty of each new day.

Together, we are a community of support, compassion, and love.

May your hearts be lifted, your smiles be bright, and your spirits be ever resilient. Remember, you are never alone on this journey.

With warmest regards,

**Penny Everest
Executive Director**

Welcome to Colorado
by Vern Wagner

Come to Colorado where mountains
meet the sky
where buffalo roam freely, majestic
eagles fly.

The river calmly moves along,
it is a pretty sight,
The coyote with his mournful song
breaks silence of the night.

The livestock graze the rangeland
through rain or sleet or snow
The snowcapped mountains boldly
stand
over mountains down below.

Here canyons start and also end
They are both deep and wide
Within these canyons streams begin
Rocks, trees, and grass fill
mountainside.

Most all the time the sun
shines bright

A gentle breeze may blow
The weather is a pleasant sight
Whether clear or rain or snow.

The neighbors here are very few
But they are so sincere
Their words here are always true
Their helpful hand is near.

And so this is a welcome call
I'd like to have you near
And sure remember most of all
You're always welcome here.

Recipe Du Jour

Pork Tenderloin and Buttered Noodles

4- Hammered Pork Tenderloins Lightly Salted

1 - TSP Olive Oil

1 - TSP Garlic Powder

1 - Cup Chicken Bouillon

6 - TBS Lemon Juice

2 - TSP Parsley

Cook pork in olive oil, add rest of the ingredients, bring to a boil.

Serve overcooked butter noodles.

ENJOY!



including backwards and diagonally.

4TH OF JULY

ADAMS
AMERICA
BARBECUE
COLONIES
CONGRESS
DECLARATION
EQUALITY
FIREWORKS
FOURTH
FREEDOM
HOTDOGS
INDEPENDENCE
JEFFERSON
JULY
LIBERTY
NATION
PARADE
REVOLUTION
RIGHTS



STATES
THIRTEEN
UNITED



Fairplay Senior Brunch

(Fairplay Community Center 10am-12pm)

July 15th - Library Benefits (Fellowship Hall 300 Hathaway St.)

August 19th - Alzheimer's Education

September 16th - Disability Awareness Training

Next PCSC Board Meetings:

July 16th 9:30am at Hartsel Library

August 20th 9:30am at Jefferson Community Center

September 17th 9:30am at Bailey Community Center

Interested in joining our Board of Directors or Committees? Call 719-836-4150 for more information or to setup a coffee chat with a current Board Member!

Fairplay Events

July 4: Fairplay Independence Day Celebration

July 12-21 : Park County Fair

July 25-28: Fairplay Gem, Mineral, & Jewelry Show

July 26-27: Free concerts on 5th Street

July 26-28: 75th Burro Days

August 10-11: Living History Days South Park Museum

August 23: Free concerts on 5th Street



PARK COUNTY
— SENIOR COALITION —



SCAN ME